



ARBOR TERRACE

NEWSLETTER

2025

Samaritan  Bethany

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**Happy
Valentine's
Day**

~ A Message from the ~ Housing Community Leader



Dear Residents, Families, and Friends,

As we move into the heart of winter, we have some bittersweet news to share. We are sad to see our beloved Chaplain Cindy return to New York. Her presence, warmth, and care will be deeply missed by all of us. We wish her all the best as she embarks on her next chapter.



But as always, there's plenty to look forward to! Our Super Bowl Party on February 9th promises to be a blast, so be sure to join us for some fun, food, and football!

A huge congratulations to Marta, who has been named 2025 Caregiver of the Year by LeadingAge! Marta is truly a shining star here at Arbor Terrace, and we couldn't be prouder of her well-deserved recognition.

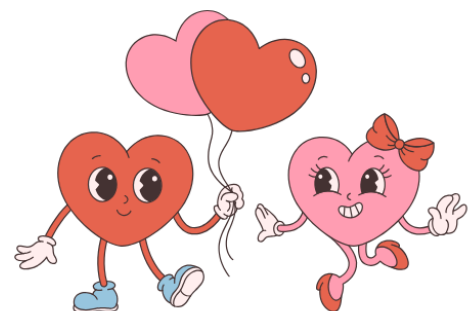
As we head into February, it's important to remember the ever-changing landscape of long-term care. With potential budget cuts on the horizon, we encourage everyone to contact your lawmakers and make your voices heard. The future of long-term care depends on our collective efforts.

Of course, the month ahead is packed with exciting activities, parties, and outings—so be sure to check out the calendar and get involved. We have something for everyone, and we can't wait to see you there!

Finally, we'd like to wish everyone a Happy Valentine's Day! May it be filled with love, joy, and meaningful connections.

Warm regards,

Rachael Maxfield



CHAPLAIN'S UPDATE



Hello Everyone: Since Valentine's Day is in February, I hope we all find that we are working to love our neighbor.

For those who don't already know, February 13th will be my last day with Samaritan Bethany and Arbor Terrace. Since my husband's passing I feel strongly the call to return to New York State to be among friends and family. Samaritan Bethany and Arbor Terrace will be a very bright spot in memories. As you might have recognized many of my Sunday sermons and sometimes Bible studies are about living in community. I hope that spirit here continues and you will all help and support one another during this time and always.

However, I am all in here until February 13th. So up until that day Bible Study, Church and visits will continue as always. If there is anything I can do for anyone, please let me know.

Blessing to everyone, Cindy

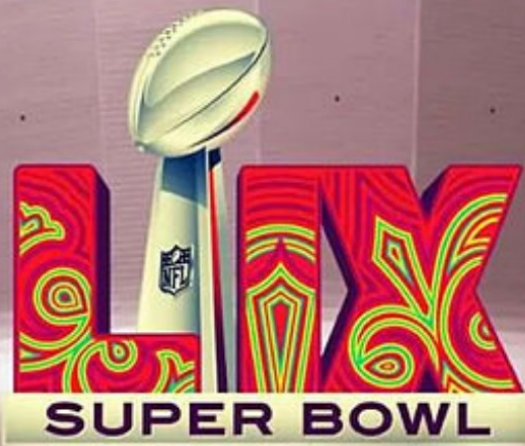
Congratulations Marta!

2025 CAREGIVER OF THE YEAR

Marta has been awarded the highest honor in the state of Minnesota with Leading Age. This organization represents thousands of organizations and caregivers. Amongst them all Marta was nominated by staff at Arbor Terrace and selected by a committee to be the 2025 Caregiver of the Year! She will be recognized in February at the Annual Leading Age Institute!

*We love you Marta!
Thanks for all you do.*





SUPER BOWL WATCH PARTY!

CHIEFS VS. EAGLES

**Sunday February 9th
Superbowl starts at 5:30pm**

**The party will be hosted in the
Samaritan Bethany
Pub/Living Room**

Activity Highlights

2/5 - RESIDENT FORUM!!!

2:30pm (IL Dining room)

2/9 - Super Bowl Party

5:30pm (Livingroom & Pub)

2/13- Valentines Day Happy Hour,

Music: Colby Tushaus (MC) 2:30pm (IL)

2/15 - Music: The Mellow Fellows

2:30pm (IL)

2/19 - Women's Breakfast

9:00am (Chapel)

2/19 - Lunch Bunch

11:00am

2/26 - Monthly Birthday Party

1:30pm (IL)

2/28 - Men's Breakfast

9:00am (Chapel)

Governor Walz Releases Budget with Major Cuts to Long-Term Care

Governor Walz released his budget proposal for the next two years, which amounts to an extremely disappointing proposal that balances the state budget on the backs of seniors and those who care for them.

The main areas of concern over the next 2 years:

- **Nursing Home Rate Process** - proposal is intended to create savings by not funding cost increases that providers have already incurred
- **Nursing Home Workforce Standards Board** - minimum wages are already an unfunded mandate in the first two years, and combined with these other cuts there will now be many nursing homes that have no way of paying the mandated wage increases
- **Elderly Waiver** - budget does not propose any changes to EW rates. That means those rates would not increase at all in the next four years
- **Assisted Living** - Governor's budget also proposes dramatic fee increases for Assisted Living providers, constituting to a 54% fee increase for annual capacity licensing.

CONTACT YOUR LEGISLATORS TO ADVOCATE FOR MINNESOTA SENIORS TODAY!

LOOKING FOR RESIDENT AND FAMILY

TESTIMONIES

Family members or residents are the heart of our organization. We are wanting to add some feedback to our website, Facebook page, and other informative material we utilize for new move-ins!

If you are interested in sharing a written story or testimony about Arbor Terrace and Samaritan Bethany we would love to hear from you.

Please reach out so Rachael can give you a testimony sheet to fill out. Otherwise you can always send an email or write a letter with the testimony.

THANK YOU!

TV NEWS

Update on the TV and Channel 2!

- **We have upgraded to HD TV Channels.**
- **Fun and Informative Content on Channel 2**

Reoccurring programs on Channel 2

- **Every Wednesday Night there is a Featured Musician or Band**
- **Every Friday Morning there is a guided meditation**
- **Tuesday Morning Rotate between Chair Yoga and Chair Tai Chi! Invite a friend to your apartment and do it as a group!**
- **Any Suggestions for Channel 2? Let us know!**

Resident Forum

WEDNESDAY 2/5/25 AT 2:30PM

Join us to hear the happenings at Arbor Terrace!

Resident Forum is always the first Wednesday of the month.



Do you know anyone who is caring, wants to help others, and good at multi-tasking?

Hiring: Every Other Weekend Receptionist

- Answer door
- Answer phone
- Put in bus appointments
- Deliver Mail
- Answering questions
- Light office work

If you have a friend who is interested contact:
Rachael Maxfield 507-424-5454
rmaxfield@samaritanbethany.com

A Valentine's Day

Wordsearch

This Mama's Life



E E O X O X P A S S I O N T W O
D K H E A R T E R R I O B C D C
R I X X A A L D R A C O D E A S
E E N A S P S N E S Y N O V T S
E S S N U M K U E F E N O O N H
C O P O E N E H R I I O R L N A
H R C O I R C I R R C I O T I P
O S P P E O E F E F I T M C M P
C E E A O N L N L S T A A S C I
O L P M D R I O R I N R N T A N
L D S B I T W S E E A B C N N E
A N N G N E E R D Y M E E E D S
T A E E R S T E D L O L T S Y S
E C L S S S A A R I R E T E N S
S A A I S G U H D I O C T R N L
V P V C T C V F P C C C U P T F



CANDLES

CANDY

CARD

CELEBRATION

CHOCOLATES

COUPLES

CUPID

DINNER

FLOWERS

HEART

HUGS

KISSES

LOVE

LOVERS

PASSION

PINK

POEMS

HAPPY

RED

ROMANCE

ROSE

TWO


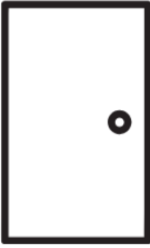


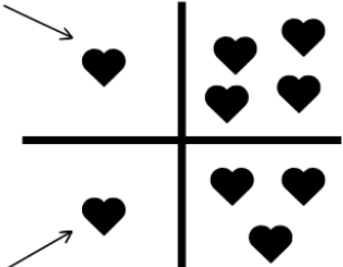
VALENTINE

XOXO



Valentine's Dingbats



<p>ABCDEFGH IJKLMN OPQRSTU VWXYZ</p>	<p>LOCRAZYVE</p>	<p>HEAD <hr/>HEELS</p>	<p>Ever Ever Ever Ever + EVER</p>
<p>KNEE</p> <p>ON KNEE</p>	<p> UUUU</p>	<p></p>	<p>Agapornis Agapornis</p>
<p>C6H12O6</p>	<p>IELFEGSN</p>	<p>JULIUS CAESAR</p> <p></p>	<p>↓ HAPPY</p>
<p>BETTER WORSE WORSE BETTER BETTER BETTER WORSE WORSE</p>	<p>Baiser</p>	<p><u>DATING</u></p>	<p>HARIBO HARIBO SEIZLES ROWNTREE</p>
<p>LOVE</p> <p></p>	<p></p>	<p>THING</p> <p>WITHOT</p>	<p>→ DATE DATE DATE DATE</p>
<p>17</p>	<p>18</p>	<p>19</p>	<p>20</p>

Hollywood Couples

Match the famous Hollywood couples.

1. Spencer Tracy ____
 2. Humphrey Bogart ____
 3. Vivian Leigh ____
 4. Elizabeth Taylor ____
 5. Joanne Woodward ____
 6. Clark Gable ____
 7. Frank Sinatra ____
 8. Grace Kelly ____
 9. Judy Garland ____
 10. Robert Wagner ____
 11. George Burns ____
 12. Marilyn Monroe ____
 13. Jessica Tandy ____
 14. Cary Grant ____
 15. Lucille Ball ____
- A. Dyan Cannon
 - B. Prince Rainier III
 - C. Gracie Allen
 - D. Paul Newman
 - E. Katharine Hepburn
 - F. Desi Arnaz
 - G. Carole Lombard
 - H. Hume Cronyn
 - I. Lauren Bacall
 - J. Joe DiMaggio
 - K. Laurence Olivier
 - L. Vincent Minnelli
 - M. Richard Burton
 - N. Ava Gardner
 - O. Natalie Wood

