

Arbor Terrace

MAY 2024



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~ A Message from the ~ Housing Community Leader



May is abuzz with vibrant spring energy here at Arbor Terrace! We're celebrating National Homes for the Aging Week, honoring both our staff and residents from May 13th to 17th.

This year, we're adding an exciting twist by embracing the theme of the Summer Olympics, promising a week filled with friendly neighborhood competitions as we strive for the gold!

But that's not all May has in store for us. As we gear up for our 17th Annual Golf Classic on June 17th, we're embarking on a month-long fundraising journey. Look out for tribute sign donation forms placed at each entrance to Samaritan Bethany. Every donation will be tracked on a meter, illustrating our progress towards our goal of acquiring a new wheelchair-accessible van for our residents.

Be sure to keep us in mind when you do some spring cleaning this year! We are accepting donations all through May for our Garage Sale. You can drop off any items at the front desk with the receptionist. Be sure to read the page in the newsletter explaining what we do and don't accept.

Warm Regards,

Rachael Maxfield





Summer Olympics



NATIONAL HOMES FOR THE AGING WEEK



<p>MONDAY 5/13</p> <p>Opening Day</p>	<p>Dress-Up: As a Tourist</p>	<p>10am: All Campus Community Circle in Chapel</p>	<p>1:30pm: Torch Relay Through the building ending in living room</p>	<p>3:00pm: Opening Ceremony & Olympic Cupcakes in the living room</p>
<p>TUESDAY 5/14</p> <p>Sports</p>	<p>Dress-Up: Favorite Sport or Famous Olympian</p>	<p>10am: Shooting, Shotput & Ring Toss in the Chapel</p>	<p>1:30pm: Decorate Ring with team on your Neighborhood in the dining room</p>	<p>3:00pm: Balloon Volleyball Tournament in the Chapel</p>
<p>WEDNESDAY 5/15</p> <p>International</p>	<p>Dress-Up: Your Team's Ring Color</p>	<p>10am: Stretching & Exercise with Power Snacks in the pub</p>	<p>1:30pm: Parade with team in living room & walk outside</p>	<p>3:00pm: International Food Tasting & Music in the pub & living room</p>
<p>THURSDAY 5/16</p> <p>USA!</p>	<p>Dress-Up: Red, White & Blue</p>	<p>10am: Patriotic Sing-a-long in the living Room</p>	<p>1:30pm: Trishaw rides Rides located at AT Entrance and Home Entrance</p>	<p>3:00pm: All Campus Bingo Competition in the Chapel</p>
<p>FRIDAY 5/17</p> <p>Closing Day</p>	<p>Dress-Up: TOGA!</p>	<p>10am: Manicures & Spa in the living room & pub</p>	<p>1:30pm: Trivia Competition in the pub</p>	<p>3:00pm: Closing Ceremony & Ice Cream Social in the pub & living room</p>

NEIGHBORHOOD TEAMS



How your team wins the Olympics?

For each activity, teams will win a point per each participant that attends. Any activity that results in a winning team or is a competition higher points will be awarded to winners. Scores totaled at closing ceremony!



**REGISTER
NOW!**

17th Annual
**Samaritan  Bethany
Foundation**

GOLF CLASSIC

Monday, June 17, 2024
Sommerby Golf Club



EVENT SPONSOR



Golfing for a Cause

Help us reach our goal to provide the residents with a new transportation option!



Wheelchair Accessible
Ford Transit Van

Tribute Signs: \$100

This opportunity provides a wonderful chance to pay tribute to a beloved individual, a group, or an organization. The tribute signs will be showcased near the entrance and the golfers' welcome area.



Example:
In memory of John Doe
lover of golf & had a
swing like Tiger Woods

**Scan QR to sign up
or to donate for a
tribute sign!**





A Message From The Chaplain

Hello everyone. Hopefully we still are carrying the Easter Spirit in our Hearts.

On Thursday May 9th, at 10:30, we will have a hymn sing in the Chapel or living room. Please join us. Dylon Starr from Peace United Church of Christ, will be leading us. Join us for some uplifting music.

We will celebrate Ascension Sunday on May 12th. This is the day that Jesus' Ascended to Heaven. It is a holy day in the life of the church.

The next week is Pentecost May 19th. It's an exciting day because it is the day that the disciples and those gathered in Jerusalem received the Holy Spirit and the Church began. It is traditional to wear red on this day. So if you have a little bit of red – a shirt, sweater, hat, shoes whatever, please feel free to wear it to church on May 19th.

If you have any ideas for elements you would like to see added to either of these services please let me know about 1 week in advance. Bible Study has moved to Assisted Living at 10 AM on Tuesdays. Anyone is welcome to join us. There is no need to have prior knowledge of the Bible.

Always I am available for individual visits. Please let any staff person know that you would like me to meet with you and they will get that message to me.

In the meantime Blessings to all, Cindy

SNEAK PEEK



Coming in July 2024, Arbor Terrace will be expanding by adding a new assisted living neighborhood with 13 rooms!

These rooms will include the basic assisted living package and equipped with a hospital bed, over bed table, TV counsel with closet space, and a private bathroom.



If you or someone you know is interested in moving in,
get on the waitlist now!

Please contact Rachael Maxfield
507-424-5454



Save
THE
Date



May 13th-17th

Home's for the Aging Week
Summer Olympics themed week



June 14th 9a-3p
June 15th 8a-12p

Arbor Terrace Garage Sale
Accepting donations see front desk



June 17th

**Samaritan Bethany
17th Annual Golf Classic**



August 22nd

**Arbor Terrace
Family Picnic**



September 14th

Walk to End Alzheimer's
St. Mary's University Rochester, MN

June
14th
and
June
15th

ARBOR TERRACE
PRESENTS

GARAGE Sale



START FROM

50¢

June 14th 9am - 3pm
June 15th 8am - 12pm

ARBOR TERRACE

700 2nd Ave. NW
Rochester, MN 55901

In May we are
accepting Garage Sale
donations!

All proceeds will go
toward the resident's
campaign to renovate
the community room.

Accepting

- Furniture
- Small Appliances
- Wall Décor
- Kitchen Items
- Clothes – not stained or ruined
- Books
- Puzzles
- Toys & Games
- Household Items
- Un-opened Toiletries

Not Accepting

- Beds
- Large Appliances
- Baby Equipment
- Broken or Damaged technology
- Medical Equipment
- Shoes
- Undergarments

For donations, please see the front desk at Arbor Terrace. Please do not just drop off donations without confirmation from Arbor Terrace Staff as we are keeping a log of donations.

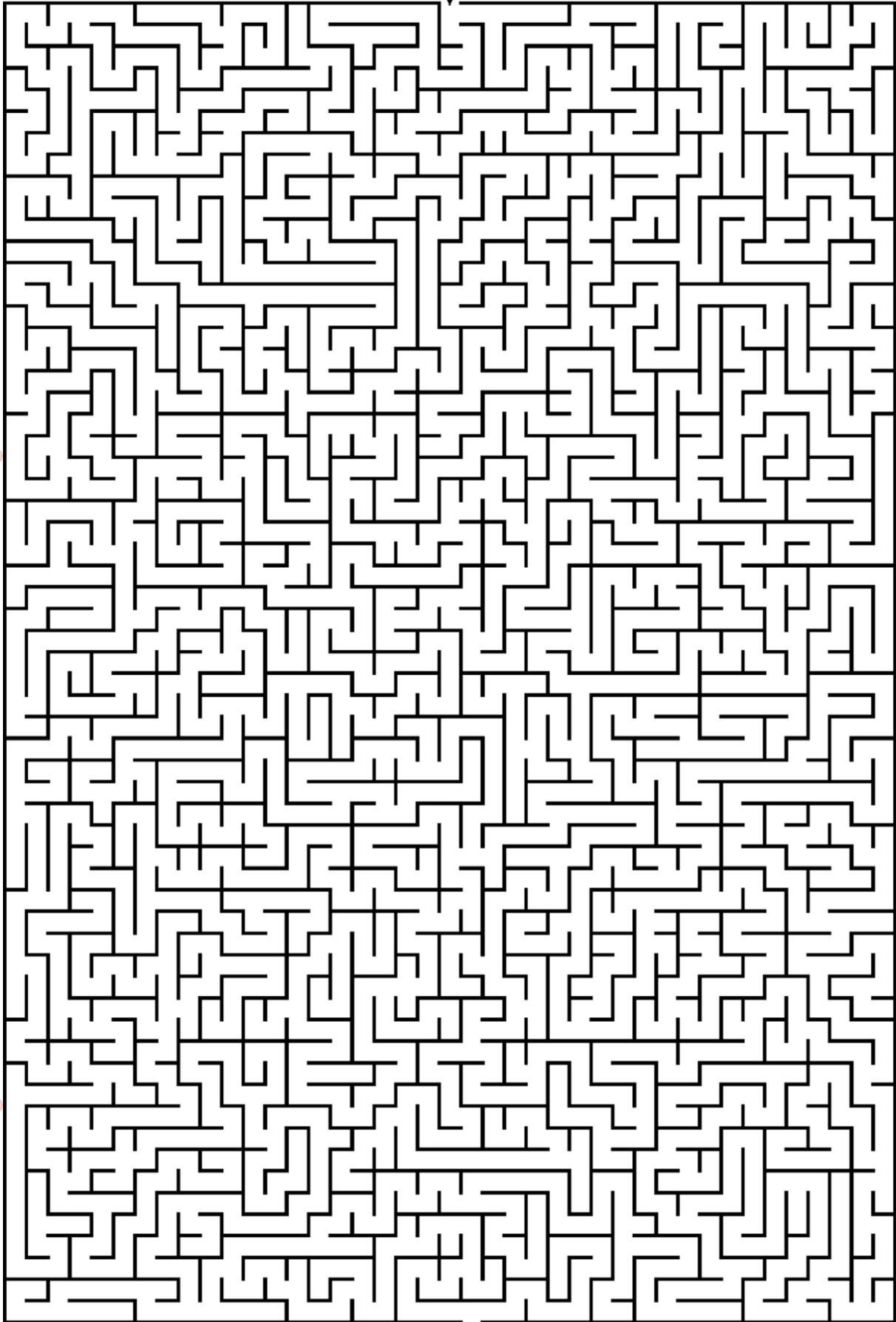
If you are wanting to volunteer to help at the Garage Sale please let Rachael know at 507-424-5454.

LOOK BACK AT APRIL



Labyrinth Challenge

02



Mother's Day Word Search

M A M H O M O I C A R N C N G
A P A R E N T A A C O S H N E
S A L N A T H A R F A M I L Y
T R E O N G S T D M A T L O O
C H I L V D R E F L I L D A Y
E H O L D I A Y S E A S R T E
K C A L N D N G F L O W E R S
E T R Y I N S G L E C Y N Y M
B M O A F D M I W O A E R S O
R I O E Y O A N S R R F L O T
O T A M O A Y Y L E I W M B H
T H Y E A R C R A V N E A R E
E R A M O T C H I L G R Y A R
C E L E B R A T E M O Y J E R
A F I A M I L I S T M O N T S



CARD	HOLIDAY
CARING	LOVING
CELEBRATE	MAY
CHILDREN	MOM
FAMILY	MOTHER
FLOWERS	PARENT



CYCLING WITHOUT AGE



Looking for volunteer tri-shaw pilots for our Cycling Without Age Program this spring and summer! If you or someone you know is interested in volunteering for this program please have them contact us. We can't wait to get these bikes back in action with some nice trail rides around Rochester.

Please contact Shane Hoffman if interested in being a pilot:

shoffman@samairtanbethany.com

507-289-4031

Samaritan  *Bethany*